

# Newsletter

#52  
Winter/  
Spring  
2022

## The Gift of Time

**"I am only one, but still I am one." ~ Helen Keller**

Interlakes Community Caregivers (ICCI) relies greatly on volunteers to fulfill its mission. This reliance on the "kindness of strangers" to provide needed services to Neighbors is special and the reason why volunteers are so appreciated. Why does someone choose to volunteer at Community Caregivers? Here are profiles of two new volunteers who have recently completed training and are ready to begin their service to Neighbors.

Lee Warren bought a house in North Sandwich about 12 years ago and spent summers and weekends enjoying the Lakes Region. She moved here permanently two years ago during the pandemic. She is retired from a position coaching faculty and graduate students in the Boston area. She also participated in an interactive theatre troop. She heard about Caregivers from another volunteer and felt that it was a good fit for her interests and skills. Lee felt that "if you live here, you need to do some giving back to the community." She would tell others considering a volunteer role that ICCI provides a service that's greatly needed in this area.

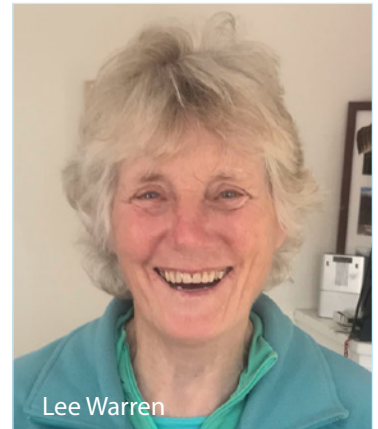
Alison Lovett has lived in the Tuftonboro/Wolfeboro area since 1982. Her educational background began with a

degree in botany, but eventually she found her way to the health care field, becoming a medical technologist and then a nurse. She worked in North Conway and at Speare Memorial Hospital in wound care. She saw a sign about ICCI at the dentist's office and felt that being a Caregivers volunteer provided an opportunity to help but left time for her other family responsibilities. She finds the organization kind and accommodating, and the systems make it easy for volunteers to sign up for rides and visits.

Becoming an ICCI volunteer takes only an interest in participating in this vital service and a few hours of training. If you would like to join Lee and Alison and all of our wonderful volunteers, consider calling ICCI at 603-253-9275.



Alison Lovett



Lee Warren



## A BIG THANK YOU TO OUR DONORS!!

Throughout the year, many nonprofit organizations hold fundraisers to raise money for their particular cause, but rarely do people see their money "at work." At Interlakes Community Caregivers, we want our donors to know their generous donations can be seen "at work" every day helping community members stay independent and safe at home with dignity. If you live in the Moultonborough, Meredith, Center Harbor or Sandwich areas, chances are you know someone whose life has been impacted by the services of ICCI. Local people helping local Neighbors is what ICCI has been doing for almost 25 years.

This year's Fall Appeal raised **\$49,223**. Interlakes Community Caregivers wants to thank ALL our donors who generously support our efforts.

This has been a very cold, windy winter, but so far, our Volunteers, Staff, and Neighbors are hunkering down and getting through it very well. ICCI is still providing services, and rides, to those who need them even with all the extended concerns about COVID-Omicron and its cohorts. We recommend, not mandate, people get their vaccinations and boosters. All of us do not want to contribute to the further spread of any diseases out there that survive the harsh New Hampshire winter.

We are looking forward to Spring and a new fund-raising adventure. On May 28th at the Inter-Lakes Auditorium in conjunction with the Temple B'nai, a Jersey Tenors Concert will be held. Please see our notices both on our Facebook page and on our website, interlakescares.org, which is undergoing a well-deserved facelift. Again, a big thank to our staff, and volunteers for their perseverance. Don't forget the ICCI annual meeting tentatively planned for June.



## PRESIDENT'S MESSAGE

## Welcome to Our New ICCI Board Member



Chris Kelly

**Chris Kelly** was born and raised in Waltham, MA, graduated from Waltham High School in 1983 and Westfield State College in 1987. Chris moved to Meredith NH in 1988. In 1991 Chris became licensed as a REALTOR and has been helping people buy and sell real estate since that time.

Chris met his wife Doreen in 1992, married in 1994, they have two children, Taylor (1995) and Ryan (1998).

Chris is the owner/broker of RE/MAX Bayside in Meredith and Laconia NH. Chris is an active parishioner at St. Charles Borromeo in Meredith, NH. Chris is an active board member on the Greater Meredith Program and Belknap Economic Development Council.

Chris considers his family his number one joy in life. Chris likes to travel, snow and water ski, hike in the woods, play golf, and read.



Stacy Trites, MVSBA Assistant Vice President Branch & Business Development Manager presents a check to the Interlakes Community Caregivers Inc. Executive Director, Pamela Joyal. ICCI's supports the independence, safety, comfort and dignity of our adult neighbors in the communities of Meredith, Center Harbor, Moultonborough and Sandwich. Funds were raised through this year's Mitten Tree campaign.

This edition of the the ICCI Newsletter is brought to you by the efforts of Deb Thiboutot, Connie Cunningham, Pam Joyal, and Marie Samaha. Design and layout by Evelyn Lamprey.

# UPCOMING EVENTS

## **Elderly Abuse and Neglect**

**Date: March 10, 2022 | 11 AM-12 PM**

**Location: Meredith Parks and Recreation Building, 1 Circle Drive, Meredith, NH 03253**

DHHS Bureau of Elderly and Adult Services, Adult Protective Services will be presenting *Signs and Symptoms of Elder Abuse and Neglect* and how to protect seniors. Roughly 1 in 6 people 60 years or older experienced some form of abuse in community settings during the past year. The free seminar will focus on NH statutes, what constitutes elder abuse and how volunteers, family and friends can help stop it. ICCI volunteers and the public are invited. Please RSVP to Pamela Joyal at [pjoyal@interlakescares.org](mailto:pjoyal@interlakescares.org) so safe seating can be arranged.

## **ICCI Annual Meeting and Volunteer Recognition Event! SAVE THE DATE!**

**Date: Thursday, June 23rd**

**Place: TBD**

Board Members, Volunteers, and Donors, please join us for a fantastic time of celebration and recognition on June 23rd and help us salute those who have helped Interlakes Community Caregivers stand out as an important and vital organization in Central NH! MORE TO COME!

Visit [www.interlakescares.org](http://www.interlakescares.org) for updates.



**SAVE THE DATE!**  
**Saturday, May 28th**  
**THE JERSEY TENORS**

**ICCI'S Spring  
Fundraising Concert!**

**Inter-Lakes High School Auditorium  
at 7:00 pm**

Tickets are available at [www.tbih.org/we-care](http://www.tbih.org/we-care)

Check the ICCI Website and Facebook page for  
more updates! [www.interlakescares.org](http://www.interlakescares.org)



Spring has its special way of giving us a sense of renewal and growth. That said, I want to take this opportunity to publicly thank our donors and business partners who helped us exceed our goals for the Fall Appeal in November 2021! Thank You all for supporting ICCI's Mission! The financial impact on ICCI and the communities we serve will allow us to develop new programs for our Neighbors, purchase additional up-to-date office equipment and broaden the scope of our Mission. You will see bright changes to our Website, pictures from our new "Birthday Brigade Program," more volunteer educational opportunities and more! We couldn't do what we do without our committed donors!

Speaking of commitment, April is National Volunteer Month and I am so struck by the dedication and commitment of our volunteers who continually step up to do whatever it takes to enhance the lives of our Neighbors. The moment we decided to open the "Birthday Brigade" Program and ask for volunteers to deliver special little gifts to our Neighbors on their birthday, a handful of volunteers immediately signed up! WE appreciate all of you and are grateful for your kindness and compassion! We will formally celebrate you in June at our Annual Meeting.

News Flash!! -we are fortunate to once again be chosen as the beneficiary of the Temple B'nai Israel's "We Care"



Birthday Brigade Program Gift Bags

## MISSION STATEMENT

Interlakes Community Caregivers, Inc. supports the independence, safety, comfort and dignity of our adult Neighbors within our designated communities through the services provided by our volunteers.  
PO Box 78, Center Harbor, NH 03226

benefit concert to be held May 28, at the Inter-lakes High School Auditorium in Meredith. The Jersey Tenors will take the stage at 7:00 pm and present an explosive musical experience. SAVE THE DATE! More information can be found at [interlakescares.org](http://interlakescares.org) and on our Facebook page.

## EXECUTIVE DIRECTOR'S MESSAGE



Lastly, On the theme of growth and renewal, I would be remiss if I did not mention our Board of Directors is growing! We want to welcome Chris Kelly, owner/broker of RE/MAX Bayside to the Board! Chris has been a community partner in Meredith for over a decade and brings wonderful business acumen and public relations skills to the ICCI Board and we are excited to have him aboard!

I continue to be grateful for all the positive energy and hope ICCI provides through so many people. Check out all the upcoming events and news for Spring on our website [interlakescares.org](http://interlakescares.org) or on Facebook.

*Warmly, Pam Joyal*



**Hey Neighbors!** Did you know that ICCI can provide rides to places like The Hair Connection and other salons, grocery shopping, the Wellness Center in Center Harbor the dentist or to activities at The Meredith Community Center as well as to doctors' appointments?

### ICCI Board of Directors

David Hughes, President	Center Harbor
Marie Samaha, Vice President	Moultonborough
George Jewell, Treasurer	Meredith
Robin E. Woodaman, Secretary	Moultonborough
Connie Cunningham	Sandwich
Darlene M. Fritz	Moultonborough
Susan Gutches	Sandwich
Chris Kelly	Meredith
Hank Offinger	Sandwich
W. Lee Woodworth	Center Harbor