

Newsletter

48
Fall
2020

DONOR-NEIGHBOR-VOLUNTEER-DONOR

There are four key elements to making Interlakes Community Caregivers such a great organization. First, there are the Neighbors who use our services and gratefully acknowledge the support they receive. Then there are the Volunteers, who offer their time to drive Neighbors to appointments, run errands or to provide regular friendly visits. Third, are the wonderful staff members and Volunteers who coordinate and balance all of the necessary components for service. The final element is critical, but less noticeable. They are our Donors, who ensure the services offered can continue into the future.

Many donors have been on both sides of Community Caregivers' mission. That's the case with Les Haynes. Les moved to the Lakes Region 27 years ago, having become familiar with the area while driving (over 2,000,000 miles in his career!) to New Hampshire for his family's Vermont lumber business. You may have met Les when he had a seasonal woodworking business in Moultonborough. Les's first encounter with ICCI was as a Neighbor. He needed a ride to Dartmouth-Hitchcock while recovering from hip surgery. A year or two later he met up with Caregivers again at a volunteer fair. Les readily signed up and became a Volunteer driver for eight years, including many long- distance trips. No longer comfortable driving, Les again calls ICCI for rides to appointments. And, Les has and does donate regularly to support the work of Community Caregivers.

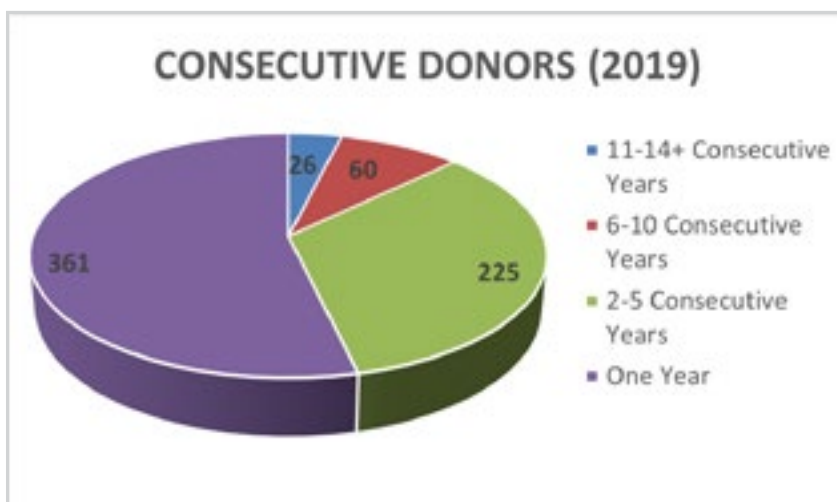


Les Haynes

Why be a Donor?

Donors to ICCI come from all walks of life and with many life experiences. They are part of the community and realize how Caregivers' important services make a difference in the lives of their Neighbors. The following are quotes from donors about why they give to ICCI:

"We both believe in supporting our local communities financially and with service. We are strong believers in 'giving back,' since we have been fortunate in our lives. In donating to local organizations, we can experience firsthand the results of our giving."



"It takes money to keep things going, not just volunteer time. The service is so vital to this area."

There are 26 individuals who have donated to Community Caregivers for over 11 consecutive years. Almost 50% of our individual donors have donated for 2 or more years. This commitment by donors reflects the value of the service as well as the effectiveness of the Volunteers and staff in delivering that assistance. Think about joining Les Haynes and our other generous donors in supporting both Community Caregivers and your Neighbors who rely on the important work we do.

I would like to thank everyone who has been diligent in these trying times, our Neighbors, our Volunteers, our Friends, and our Staff at ICCI. We have been through a lot of adjustments in not only our personal lives, but in our involvement with each other here within ICCI. We have respected various people's and governmental wishes and needs in trying to keep everyone safe. We have provided a great deal of various personal protection equipment to our Volunteers and staff for interactions with our Neighbors and ourselves. We have had lots of meetings via the internet and been able to keep ICCI in business. For the foreseeable future, we are committed to serving our four communities to the best of our ability following pandemic protocols.



**PRESIDENT'S
MESSAGE**

It is now fall when we get to enjoy the foliage and time also for our Annual Appeal. Our Annual Appeal has recently been mailed to those who choose to donate to ICCI. This is a challenging time for many and we understand that. **Thank you in advance for anything you can give and know that it is greatly appreciated.**

DUE DILIGENCE TO STAY AS SAFE AS POSSIBLE DURING PANDEMIC

Throughout the COVID-19 pandemic, Volunteer drivers for Interlakes Community Caregivers, Inc have been diligently adhering to official public health guidelines to keep themselves and their Neighbors safe from infection. ICCI requests the following guidelines are followed:



Volunteer Driver and Coordinator, Sally Sibulkin of Moultonborough picks up her car partition that was donated by Electrical Installations, Inc in Moultonborough to use while driving Neighbors.

COVID-19 Testing – We encourage all of our Volunteers to be tested for COVID-19.

Face Masks – We require all of our Volunteers and Neighbors to wear face masks when they are together at all times. ICCI will supply face masks to anyone who needs them.

Hand Washing – We encourage everyone to wash their hands and/or use hand sanitizer as often as possible.

Social Distancing and Ride Services – We request that Volunteers maintain a distance of 6 feet as much as possible.

- Volunteer sanitizes the inside of the car where it is touched before and after providing a ride.
- Neighbors sit in their backseat, on the passenger side.
- At least one window is opened in the car to allow airflow.
- Face masks are worn by everyone.
- A plastic partition between the front and back seats is installed when available. ICCI recently received a donation from Electrical Installations to supply all volunteer drivers with a partition.

COVID-19 Screening – Volunteer Coordinators will screen all Neighbors. All Volunteers and Neighbors are asked to stay home if they are not feeling well and notify the Volunteer Coordinator right away.

This edition of the ICCI Newsletter is brought to you by the efforts of Deb Thiboutot, Connie Cunningham, Evelyn Lamprey, Rachel Saliba and Marie Samaha.

George Jewell

Long Distance Driver/Financial Expert

A new feature of the ICCL newsletter is highlighting members of the Board of Directors. These are the people who support the Executive Director as she runs the organization. This edition of the newsletter features George Jewell, ICCL Treasurer and long-distance driver.

As a board member George wears many hats. As Treasurer of ICCL, George reviews and approves monthly financial reports, signs checks over \$500 and works with the auditor and investment agent. George says he greatly enjoys the responsibility of this position. His professional background is in preparing tax returns for a large institution and he is a stickler for following an organization's by-laws. He wants to ensure that ICCL follows all state and federal financial guidelines for non-profits.

Before George became a board member, he volunteered to be a driver for our Neighbors. He enjoys doing the long-distance drives to Boston, Dover, or other places. He may be gone a whole day as he provides transportation to doctor's offices or other appointments, including picking up and



dropping off Neighbors who may live in North Sandwich or Moultonborough.

George has volunteered for ICCL for about 10 years. He feels the organization is important to our communities. ICCL helps to keep people, who are unable to drive, in their homes as long as possible. Not all his passengers are retired or older, some are young people who have been in accidents and are unable to drive.

ICCL is a vibrant organization due to Volunteers like George. He brings a number of talents to the program.

VOLUNTEERS WANTED

Over the past 5 years, the number of new Neighbors signing up each year has doubled, while the number of new Volunteers has remained relatively steady. Despite COVID-19 concerns, ICCL has been registering approximately one new Neighbor each week and we anticipate this trend to increase throughout the winter.

ICCL has been able to respond to the increased number of Neighbors because of our very dedicated new and returning Volunteers. Fortunately, two new Volunteers have registered since the beginning of August, but we need more to respond to the increased demand for our services.



Over the next six months, ICCL will be making a concerted effort to recruit more volunteers using social media and advertising, but we need your help too. Most of our Volunteers have been referred to us by other Volunteers. You can also find more information about how to volunteer at our Facebook page at @InterlakesCommunityCaregivers and our new website at interlakescares.org.

ICCL Board of Directors

David Hughes, President
Center Harbor

Marie Samaha, Moultonborough
Vice President

George Jewell, Treasurer
Meredith

Robin E. Woodaman, Secretary
Moultonborough

Connie Cunningham, Sandwich

Darlene M. Fritz, Moultonborough

Susan Gutchess, Sandwich

Peter K. Van Winkle, Sandwich

W. Lee Woodworth, Center Harbor

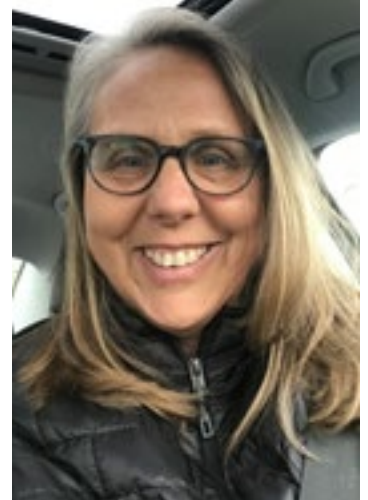
I am continually humbled by the generosity and thoughtfulness of the ICCI community. We are an organization founded on the principle that our Neighbors should be treated with the same grace and respect we wish for ourselves. This is reflected in the people who donate year after year to keep our organization running and the everyday acts of kindness demonstrated by our Volunteers and Neighbors.

Our Volunteers and Neighbors are caring and giving people who continue to go above and beyond to support each other during this public health emergency – Les Haynes and George Jewell are good examples of this. Another example is the Volunteer who brought a bouquet of flowers to a Neighbor who was having an especially difficult time with managing her chronic disease.

On a larger scale, ICCI's Board of Directors' Volunteer Committee is enlisting our coronavirus-sidelined Volunteers to make companionship phone calls to the almost 60 Neighbors whom we have not heard from since the outbreak began. The Committee wants to be sure those Neighbors know we care about them and are here to support them when they need help.

Interlakes Community Caregivers would not be able to fulfill our mission without the financial support and donations of time and talents we receive. Thank you! ~*Rachel Saliba*

EXECUTIVE DIRECTOR'S MESSAGE



ICCI WEATHER CANCELLATION POLICY DURING COVID-19



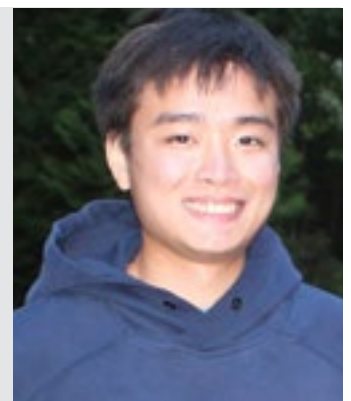
A scheduled service is automatically cancelled if the schools are delayed (if service is in the morning) or closed (service at any time that day) in Meredith, Center Harbor or Sandwich (Inter-Lakes School District) or Moultonborough School District or at the destination of the service.

In addition, if the Volunteer assigned, for any reason, feels it is unsafe to drive, then the service should be cancelled. Volunteers are encouraged to make the decision the day before a ride if possible. The Volunteer assigned must contact the Neighbor and the Service Line at 603-253-9100 with the cancellation information.

Warm wishes for a very
Happy and Healthy
Holiday Season from
all of us at ICCI!



A big thank you to Charles Zhou who volunteered his time this summer to help update ICCI's technology infrastructure and create our new website. Check it out at interlakescares.org



MISSION STATEMENT

Interlakes Community Caregivers, a 501(c)3 nonprofit volunteer organization, provides supportive services and information for our neighbors to assist them in their daily lives.



Thank you to the New Hampshire Electric Co-op Foundation for support of this newsletter.