



Interlakes Community Caregivers, Inc.

Center Harbor - Meredith - Moultonborough - Sandwich

Issue 43 Summer 2019



Linnie Page flanked by Audrey Wedick, left and Ann Sprague.

Thank You to All Volunteers, Who Do So Much to Help Fulfill ICCI's Mission!



Peter Olsen, left and George Jewell



Peter Strople, left and Ken Greenbaum



David Eastwood

Volunteers receiving recognition at ICCI's Annual Meeting included:

Linnie Page - Most Services Provided (273) and Most Miles Driven (6,227)

Peter Olsen and George Jewell - "Long Distance Heroes"

Sally Sibulkin - Greatest Number of Donated Hours (364)

Roger Blake - "Gentleman's Recognition"

David Eastwood - Two terms as a Board Member and 10 Years of Service

Meg Greenbaum, Ken Greenbaum, Deb Blake and Ed Touhey -

10 Years of Service

Peter Strople - 5 Years of Service

Connie Cunningham - The Charlotte Leavitt Award in Recognition of
Outstanding Volunteer Service

The Coordinator Team - Connie Cunningham, Betsy Merkle, Rose Roberts, and
Sally Sibulkin



Connie Cunningham

Welcome New Board Members!

Marie Samaha of Moultonborough, Susan Gutches and Peter Van Winkle of Sandwich, and Lee Woodworth of Center Harbor. Connie Cunningham of Sandwich and Jonathan James of Meredith were elected for 3-year terms after interim appointments last year to fill vacancies. Read each member's bio on our website, www.interlakescommunitycaregivers.org.

PRESENTED BY  OF TEMPLE B'NAI ISRAEL

DOO-WOP DEVILLE



SATURDAY, OCTOBER 26TH
 *DOORS OPEN 7:00 - MUSIC STARTS 7:45
**MEREDITH COMMUNITY AUDITORIUM
 INTER-LAKES HIGH SCHOOL, MEREDITH**

E-TICKETS AVAILABLE WWW.TBINH.ORG
 OR PURCHASE TICKETS AT
 INNISFREE BOOKSHOP, MILL FALLS MARKETPLACE, 312 DANIEL WEBSTER HWY
 BAYSWATER BOOKS, 12 MAIN ST, CENTER HARBOR - GREENLAWS MUSIC, 633 MAIN ST, LACONIA
 STUDENTS WITH I.D. \$10.00 AT THE DOOR - CHILDREN 12 AND UNDER FREE WITH ADULT

REFRESHMENTS & GREAT MUSIC | \$27.50 EA

BENEFITING INTER-LAKES COMMUNITY CAREGIVERS 

Thank You TO OUR SPONSOR 



President's Message

Summer is finally here, and we welcome back our "snowbirds"! After a long, cool spring, we can enjoy the outdoors and the better weather.

Spring has been busy for Interlakes Community Caregivers! Demand for services was nearly double our yearly average: requests rose from an average of 11 per day to 18 requests per day. With seasonal Volunteers still enjoying southern climates and many of our year-round Volunteers on vacation, we are grateful to those Volunteers who met this demand and our coordinators who helped to make it happen!

As you'll see by the advertisement on this page, we are planning a new and different fundraiser in the Fall. As you may know, we've been organizing an annual MiniGolf Tournament since 2010. However, an opportunity arose to partner with Temple B'nai Israel (TBI) to host this "We Care" Concert on Saturday, October 26. Music will be provided by "Doo Wop Deville," a nine-piece New England band performing music from the 1950s and '60s. Check out their website to enjoy a sample of their music:

doowopdeville.com It will be a fun night!

Tickets are available for sale at \$27.50 each and may be purchased online at www.tbih.org or directly from Community Caregivers by cash or check.

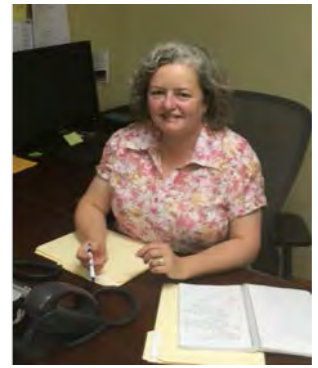
Please consider purchasing a group of tickets for a group of family and friends or for your business' clients and staff. Checks can be written out to "ICCI" and mailed to PO Box 78, Center Harbor, NH 03226.

Businesses are also invited to join our "Music Hall of Fame" which includes a variety of funding levels to promote your business and support our nonprofit at the same time! The ICCI Music Hall of Fame offers the following funding levels: Country Contributor at \$125; Rock Reveler at \$250; Motown Marvel at \$500; Swing Sensation at \$750; and Doo Wop Dazzler at \$1,250. To download the information packet, visit www.InterlakesCommunityCaregivers.org, and go to the "Ways to Give" tab or call the office at 253-9275 to learn more.

Thanks in advance for all of you who will participate!



“The Next Voice You Hear”



Announcing the "Big Reveal"! Many of you have spoken to our Lead Coordinator Audrey on the phone at Community Caregivers but have never had a chance to meet her. Now you will finally see and learn more about her and the important role she plays in coordinating services at Caregivers.

Audrey Wedick moved from Nashua to a 1779 colonial farmhouse in New Hampton in 2000. While working as a bookkeeper at Interlakes Animal Hospital (where she continues to work today) she first heard about Community Caregivers when a Board member visited the office to request a donation for the MiniGolf Tournament fundraiser. Through that contact she learned about the organization and the essential support it provided for the towns that it served. In 2013, she was hired as a Lead Coordinator and has been with Caregivers ever since.

Audrey's role includes leading the team of Volunteer Coordinators (soon to number 5), training new Volunteers, collaborating with similar agencies in the area, coordinating rides and friendly visits for Neighbors and serving as a resource for Volunteers. There are always requests for services and matching Neighbors' needs to available Volunteers is a key part of Audrey's responsibilities. She notes that requests have grown more complex over the years and the challenge is to assist Neighbors and their families within Caregivers' scope or to determine if they should seek referrals to other resources.

When asked what is important for Volunteers and Neighbors to know, Audrey stated that Volunteers need to know how much the rides and visits they provide are appreciated. Neighbors comment frequently about how grateful they are for the services they receive. She said that Neighbors should know that Volunteers are trained people who care and want to help, providing one-on-one attention and a chance to visit while on a trip to an appointment or to the store. Audrey observes that Community Caregivers is a group of good people who appreciate what each contributes to effectively assist Neighbors with rides and visits.

Now that you know a bit more about the voice at the end of the phone, you can feel like you're talking with a friend and "neighbor" at Community Caregivers.

Welcome to Deb Thiboutot, the latest member of our newsletter “team”!

Welcome New Members to the ICCI Board!

Susan Gutchess has been a life-long summer resident of Sandwich. Her professional career focused on financial planning and planned giving. Susan also serves on the Boards of the Squam Lakes Conservation Society and the International Student House in Washington, DC.

Marie T. Samaha is a retired elementary school principal. Other Board experience includes Moultonborough Conservation Commission and St. Charles Church Council. Marie currently serves as a Supervisor of the checklist for the town of Moultonborough.

W. Lee Woodworth has a professional background in finance and business management. Lee has served on the Long Range Planning Committee for the Center Harbor Congregational Church and as Trustee of Trust Funds for the town of Center Harbor.

Peter K. Van Winkle is a retired investment banker and security analyst. Peter currently serves as Chairman of the Sandwich Zoning Board. He has previously served on the Board of the Sandwich Home Industries and the Squam Lakes Association.



Members of the Interlakes Community Caregiver Board of Directors shown at ICCI's Annual Meeting. New Board Member Susan Gutchess absent from photo.



Executive Director's Message

For all those who support Interlakes Community Caregivers, I want you to know how much this means to our Neighbors. Whether you donate your time, talent or treasure (or all three!), we are grateful, particularly as responding to our Neighbors' needs is becoming more complicated.

- The consolidation of medical facilities and changes to insurance policies results in our destinations to be varied and often further distances.
- Changes due to how some procedures or surgeries are being scheduled: sometimes the time of the appointment isn't set until the day before! This makes it a challenge to coordinate and assign a Volunteer and requires more flexibility on the part of our Volunteers.
- Challenges with family often living in other parts of New England or the mid-Atlantic as they try to help their parents to live independently here in New Hampshire.
- We are asked for more than we can provide. We made 105 referrals to different agencies and businesses last year.

Our services are in great demand and will continue to grow with the aging of the nation, and particularly New Hampshire and specifically our community. Our Neighbors are grateful and share their appreciation with us.....

"...It is a handicap not being able to drive any more. You make my life easier by supplying rides to doctor's appointments." A 93 year old female Neighbor from Sandwich

"...Thank you for all you do for me. I'm so grateful at the time of my accident you were there for me...Your volunteers were more than helpful...I can't thank you enough. I don't have any family, friends or neighbors that can help me...You're a wonderful caring dedicated group of angels." An 86 year old female Neighbor from Moultonborough.

When you support our mission, whether through participating in our fundraising activities or volunteer opportunities, you make a difference in the lives of our Neighbors. Thank you!

Also thank you to all who came in April to help raise over \$600 on Ben & Jerry's Free Cone Day!

VOLUNTEER DRIVERS WANTED

Long Distance & Local



Volunteering Makes You Healthier & Happier!

Call Today 253-9275 or Visit

www.InterlakesCommunityCaregivers.org

INTERLAKES COMMUNITY CAREGIVERS, INC.

Neighbors Helping Neighbors Since 1998
Center Harbor • Meredith • Moultonborough • Sandwich

Thanks to Ben & Jerry's-Meredith



BRRR!!

Thank you to the New Hampshire Electric Co-op Foundation for support of this newsletter.

Mission Statement

Interlakes Community Caregivers, a 501(c)3 nonprofit volunteer organization, provides supportive services and information for our neighbors to assist them in their daily lives.