



Interlakes Community Caregivers, Inc.

Center Harbor - Meredith - Moultonborough - Sandwich

Issue 39 Summer 2018



Celebrating 20 Years of Service

Our Nonprofit's History Part II



In 2004 Center Harbor, Meredith, Moultonborough Community Caregivers (CHMMCC) was incorporated and 501 (c)(3) nonprofit status was received. A nine member Board of Directors was elected.

As the organization grew, the need arose to create a management position to administer the program. Additional grant funding was sought and the Bishop's Charitable Assistance Fund provided a matching-funds grant. This grant was used to hire a part-time Executive Director in 2006. CHMMCC also received grants specifically for capital equipment and mileage reimbursement. In 2006, 586 services were provided, 21,126 miles driven and 2,727 hours donated by 64 Volunteers. 86 Neighbors were registered. In 2008, Community Caregivers celebrated its 10th Anniversary.

In 2011 Sandwich Community Caregivers approached CHMMCC requesting a merger. The five month process was finalized in February 2012 and the Board of Directors voted to change the name to Interlakes Community Caregivers, Inc. (ICCI) to better reflect the larger service area. The office had been moved from 72 Whittier to 60 Whittier Highway in Moultonborough by this time. Services rose to 1,194, with 45,237 miles driven and 3,677 hours donated by 100 Volunteers.



2011 Board of Directors

ICCI continued to respond to increased demands for services and, in 2013, a new part-time position of Lead Coordinator was created. The Lead Coordinator is responsible for managing the coordinating process to ensure delivery of services to our Neighbors. In 2013, 1,207 services were provided, 48,062 miles driven and 4,732 hours donated by 101 Volunteers.

Volunteer Recognition at ICCI's 10th Anniversary Celebration



Meet a Member of the 1998 Class of Volunteers

Ellen Weeks was one of the 26 members of Community Caregivers first class of volunteers. Twenty years ago, Ellen Weeks, a young mother with seven children, thought the concept of Community Caregivers was so important that she would often give several hours of her much needed time each week to serve as a Volunteer. Sometimes Ellen would provide three rides in a week.

Generally, she would drive Neighbors to medical appointments often having to take her two youngest children with her. The children learned that life involves being kind to others.

Sometimes Ellen would run errands or do grocery shopping for Neighbors. Ellen recalls how one of the Neighbors was very specific about her shopping list requiring bread slices of a special thickness. Sometimes the shopping was stressful if the Neighbor was not as appreciative as he or she might be of Ellen's effort. Ellen thought that maybe at the beginning Neighbors did not understand that the drivers were Volunteers and not paid for doing the driving or running errands.

Ellen volunteered for Community Caregivers for about fifteen years until her vehicle needed major repairs. Once the repairs were completed she didn't go back. Now she keeps busy with church activities such as being a Deacon, participating on the Mission Board and the Search Committee. She also does childcare duty for grandchildren and enjoys hiking and canning fresh fruits and vegetables for her family. Ellen has hiked all but 100 miles of the Long Trail from Massachusetts to Canada. She hopes to spend four or five days in the fall completing some of those last miles.

Ellen originally lived in Meredith and graduated from Inter-Lakes High School. She and her husband, Steve, now live in Moultonborough.



Jane Foster In Memoriam (1927-2018)

Jane Foster, one of the original founders of Community Caregivers, served our organization well over the years to support our mission, goals, policies and programs. Among the many ways Jane donated her time and talent to Community Caregivers include serving as a volunteer driver, a member of the Board of Directors from 2004 - 2014, Secretary to the Board and member of the Executive Committee, as well as many other volunteer services. Volunteering was very important in Jane's life and she did it well, serving in a number of capacities not only with Community Caregivers, but also in a number of other organizations in the region throughout her adult life. She transitioned to becoming a Neighbor in the past few years and we have been glad to lend support to Jane and her family. Jane always wanted to participate in Community Caregivers activities, attending the MiniGolf Tournaments and Annual Meetings. Jane died in May, a few weeks shy of her ninety-first birthday. We are extremely grateful for all that Jane contributed to Community Caregivers over the nearly 20 years she was a part of our organization. Her laugh, the twinkle in her eye, her determined spirit and generous nature will always be remembered.

Photo: Jane is pictured here at the 2017 Annual Meeting with Co-Founder Charlotte Leavitt



Director's Message

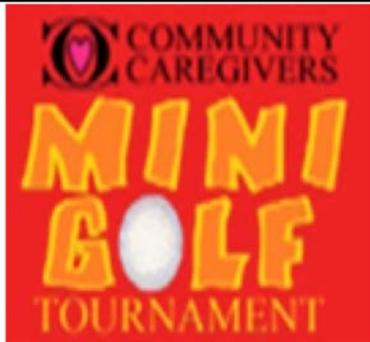
Happy 20th Anniversary to Community Caregivers! We've come a long way since 1998 when we started in the basement of the Center Harbor Congregational Church. As you're reading in our historical retrospective, we began with 26 Volunteers serving 54 Neighbors and have grown to 79 Volunteers serving 350 Neighbors over the course of the past year. In 2017, Community Caregivers provided 2,662 services and Volunteers drove 50,520 miles in their own vehicles to do so.

These services positively impact our Neighbors' lives, providing access to proper healthcare and nutrition and averting senior isolation in many instances. We have helped thousands in our community and their families over the past 20 years. To respond to the increase in demands, we continue to hone and professionalize our business practices while keeping our frugal grassroots vision.

Thank you to our volunteers, donors, advocates, grantors and the agencies we collaborate with as together we continue to make our community a wonderful place to live, especially for our aging population.

If you wish to discuss our program, inquire about our services or volunteer opportunities, please contact me at 253-9275, ext. 4 or email Director.Caregivers@gmail.com. Please visit our website at www.InterlakesCommunityCaregivers.org or follow us on Facebook [@InterlakesCommunityCaregivers](https://www.facebook.com/InterlakesCommunityCaregivers).

ICCI UPCOMING EVENTS



Interlakes Community Caregivers 8th Annual MiniGolf Tournament September 8, 2018

Pirate's Cove Adventure Golf
Route 3, Meredith, NH

Join in the fun at a new location this year.
Enter to Win a Large Flat Screen TV - Golf Ball Raffle Tickets \$10 each.

To sign up a Team or find out about Sponsorship opportunities.
Visit www.InterlakesCommunityCaregivers.org or call 253-9275

Meredith 250th Main Street Parade • August 11 • 10am-11:30am
Come see the parade and watch for our Community Caregivers marching group!

Hoe - Down Fundraiser

Save the Date: October 27, 2018

Details to follow

Volunteer Coordinators Needed

Join the Coordinator Team and Volunteer from the Comfort of Your Own Home!

- Respond to neighbors' service requests via telephone
 - *Call and email Volunteers to fill Neighbors' requests
- Enter service requests into our cloud-based, HIPPA compliant software program
 - Confirm volunteer assignments
 - Keep details updated online

Requirements: Computer literate, well organized, access to good internet service, good telephone skills

Time Commitment: 2 - 3 days per month, 9:00am – 3:00pm

For more information, call Audrey at 253-9275.



President's Message

This is an interesting adventure becoming President of our organization, learning more in's and out's than I have been used to but I look forward to it. We have a great staff and Executive Director and with all the Volunteers and Neighbors we get the mission done. I have been on the Board of Directors for a few years and have done some volunteer driving and have enjoyed the experience.

We have had quite a few changes in the past few months and with some new faces on the Board we are still going forth to keep things going. Please welcome our new Board members as you meet them.

We have several fundraisers coming up this year and are in need of anyone and everyone's help, please. Our overall budget works with the help of grants, fundraisers and donations. We could not do any of what we do without all the energy and support by all.

I am not much of a speech writer or speaker, but I am honored to step up and continue the mission of Community Caregivers. I thank all of you for your support and involvement, especially this year during our 20th Anniversary.

President of Interlakes Community Caregivers David Hughes

Welcome New Board Members

Mary Ellen McCormack of Meredith is a Registered Nurse with a Bachelor of Science in Holistic Health and Wellness and is also a Certified Dementia Practitioner. Her diverse background includes Wellness Director at Plymouth State University, Director of Assisted Living at the Taylor Community in Laconia, Hospice Director at Pemi-Baker Home Health and Hospice in Plymouth, and Nurse Liaison and Hospice Director at Lakes Region Visiting Nurse Association. She currently is the Hospice Liaison at Concord Regional Visiting Nurse Association, Nurse Consultant with Comfort Keepers and is founder of "Transitions," offering consulting services that support people through all phases of their life. She has lived and worked in the Lakes Region for 20 years and calls Meredith her home. She is grateful for the opportunity to serve the community and looks forward to her volunteer service as a Community Caregivers Board member.

Robin E. Woodaman of Moultonborough was born and raised in Massachusetts where she began a career in bookkeeping and office management. In 1982, Robin married and moved to Center Harbor where she and her husband, Greg, raised two children. After being a stay-at-home mom for a few years, Robin went back to work at two local nonprofit organizations, the Lakes Region Conservation Trust and Lakes Region Family Services. Since 1999, she has been employed as the Center Harbor Board of Selectmen's Administrative Assistant, including serving as the Town's Welfare Officer. She volunteers for the Circle of Hope K9 Rescue and is a past member of the Meredith Altrusa Club. Robin looks forward to helping members of our community through Interlakes Community Caregivers.

ICCI Board of Directors

President

David Hughes
Center Harbor

Vice President

Ron Elliard
Meredith

Treasurer

George Jewell
Meredith

Secretary

Wendy Shambaugh
Sandwich

Richard Crocker

Meredith

David A. Eastwood

Moultonborough

Darlene M. Fritz

Moultonborough

Mary Ellen McCormack

Meredith

Melissa F. Reid

Meredith

Robin E. Woodaman

Moultonborough

Executive Director

Ann W. Sprague
Meredith

To learn more about volunteer opportunities, services, or how you can support our mission, please call 253-9275, email Director.Caregivers@gmail.com, or visit our website at www.InterlakesCommunityCaregivers.org. Follow us on Facebook @InterlakesCommunityCaregivers. The office is open Monday-Friday 9am - 3pm and is located at 60 Whittier Hwy., Unit 8B, Moultonborough Interlakes Community Caregives, Inc., PO Box 78, Center Harbor, NH 03226

Thank you to the New Hampshire Electric Co-op Foundation for support of this newsletter.

Mission Statement

Interlakes Community Caregivers, a 501(c)3 nonprofit volunteer organization, provides supportive services and information for our neighbors to assist them in their daily lives.