



Interlakes Community Caregivers, Inc.

Center Harbor - Meredith - Moultonborough - Sandwich

Issue 38 Winter 2018



Celebrating 20 Years of Service



Who would believe that what started in 1998 as an Outreach Program of the Center Harbor Congregational Church would be such an asset to our four communities today? Below is part of our story.

Following more than a year of assessment, community outreach, and other in-depth planning, Community Caregivers began service on November 1, 1998 to serve Center Harbor, Meredith and Moultonborough. The Church initially supported the program both financially and with in-kind services, such as use of their office equipment.

The program was managed by a committee and completely staffed by Volunteers. The first Volunteer education course was held for 25 Volunteers who were all Church members. Volunteers handled operational duties from their homes. A telephone line was located at Bayswater Books in Center Harbor calls were forwarded each day to the Coordinator on duty. About 500 services were provided.



The Original Caregivers' Volunteers at Training Session

Increased service requests created the need for a more structured office set-up and additional financial support. Center Harbor Congregational Church provided a small alcove for the office. Grants were received from the NH Conference of Christ and Lakes Region Charitable Trust for the office equipment and other operational expenses. Services rose to about 750 for 59 Neighbors provided by 42 Volunteers.



Kent Warner, Charlotte Leavitt, Nancy Haigh of Caregivers and Jocelyn Gitchess of Lakes Region Charitable Trust

In 2001 Community Caregivers hired a part-time (15 hours per week) Office Manager and the first Annual Appeal was made to residents of the three communities served to meet the increasing needs of the program.

During 2003, the committee developed plans to create an organization separate from Center Harbor Congregational Church, which had been the original intent, and an office was established at 15 Glidden Road, Moultonborough. Legal assistance was obtained to finalize the process of incorporation as Center Harbor, Meredith, Moultonborough Community Caregivers, Inc. (CHMMCC) and to complete the application for 501(c) (3) Tax Exempt status. A nine-member Board of Directors was organized. On January 4, 2004 incorporation as a Charitable Organization was approved. Hooray!

(Watch for our Spring Newsletter where more of ICCI's story will unfold.)

Community Caregivers First Volunteer Class - 1998

Ginny Alexa
Margaret Darling
Madeline Haigh
Vic Hamke
Connie Martin
Mary Ellen Warner

Shirley Banks
Lou De Sousa
Ron Haigh
Laura Hampton
Blanche Perkins

Peg Beal
Jane Foster
Irma Haley
Dot Klier
Janet Stearns

Kitty Bevington
Bill Haigh
Dee Hamke
John Klier
Seth Ira Stearns

Nancy Haigh
Charlotte Leavitt
Susie Talbot
Kent Warner
Ellen Weeks

President's Message Winter 2018

On behalf of all the neighbors we serve from Meredith, Moultonborough, Center Harbor, and Sandwich, the Board of Directors and Staff would like to thank all who participated in our Annual Appeal.

Interlakes Community Caregivers celebrates its 20th anniversary this year and its mission has never been so needed in the community. We continue to sign up and serve more neighbors every month. Whether a short term medical need or an aging individual who deserves the right to live in their own home as long as they can with dignity, Community Caregivers provides that opportunity by providing transportation to medical appointments and other needs.

Contributing to the Annual Appeal, as well as participating in our other fundraising events, allows us to continue to serve our communities. Every dollar donated is gratefully appreciated and is used to further our mission.

A big "Thank You" goes to all our volunteers who give of their time on a daily basis. The need is great in our area and we are always looking for new volunteer drivers. Please consider giving a few hours a week to someone who needs and appreciates your efforts. It is in our name, but we genuinely "care" for all our neighbors and look forward to another successful 20 years.

Peter Allen



ICCI Board of Directors

Peter O. Allen, President
Moultonborough

Ron Elliard, Vice President
Meredith

George Jewell, Treasurer
Meredith

Debra Peaslee, Secretary
Sandwich

John Buckley
Moultonborough

Richard Crocker
Meredith

Sally Dussault
Meredith

David A. Eastwood
Moultonborough

Darlene M. Fritz
Moultonborough

Naella McLaughlin
Meredith

Melissa F. Reid
Meredith

Wendy Shambaugh
Sandwich

Executive Director
Ann W. Sprague

Interlakes Community Caregivers Statistics 2017

2,662 Services Provided
3,890 Hours Volunteered
50,520 Miles Driven

262 Neighbors Served
72 Volunteers Providing Services

Services are provided at no charge and include transportation and other life-enhancing services. We respond to our Neighbor's #1 Need with rides to

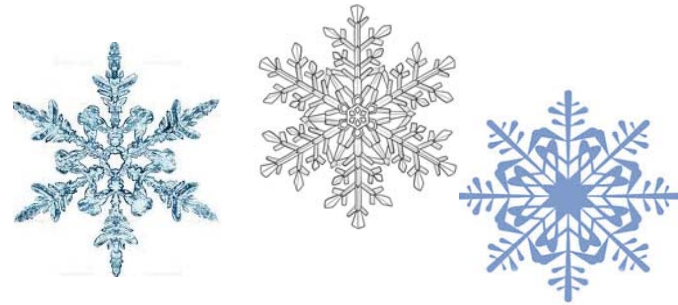
- *Medical, Dental, and Lab appointments
- *Grocery Stores and Food Pantries with assistance
- *Legal Appointments
- *Running Errands to the post office, bank, etc.
- *Social Outings
- *Friendly Visits and More!

To learn more about volunteer opportunities, services, or how you can support our mission, please call 253-9275, email Director.Caregivers@gmail.com, or visit our website at www.InterlakesCommunityCaregivers.org. Follow us on Facebook.

The Office is open Monday-Friday 9am -3pm and is located at 60 Whittier Hwy., Unit 8B, Moultonborough
Interlakes Community Caregives, Inc., PO Box 78, Center Harbor, NH 03226



Director's Message Winter 2018



In the beginning and now, transportation-related services in our rural community are in big demand.

There are about 10 million people age 65 and older living in rural America. Transportation options in rural areas tend to be more limited, and is one reason why we are so popular.

Access to transportation is a huge determining factor in aging well. Transportation is critical for community engagement, independence and self-determination. It is key to combat isolation. It provides access to healthcare and preventative services, nutrition and other social oportunities and a much needed support to caregivers.

That's why Interlakes Community Caregivers is critical to our community. Our free services result in these outcomes.

Now experiencing double digit increases in demand, ICCI needs a few more "Transportation Specialists" who are committed to our cause. If you will volunteer to drive our neighbors to their appointments, take them to run errands and shop for groceries, etc., we offer many benefits: Mileage reimbursement, flexibility in time and choices of where and when you drive, and educational training. You will stay active, maintain your skill sets and meet a variety of interesting people.

Volunteers find great rewards while on the cutting edge of addressing the community needs of our aging population.

To learn more, please call me at 253-9275, ext. 4, email me at director.caregivers@gmail.com or visit our website at www.InterlakesCommunityCaregivers.org. If you think we'd make a good match for you, we will welcome you to the Community Caregivers Family!

Director's Note: *As you'll begin reading in today's newsletter, we have a great history made up of grassroots efforts. From the neighbors we serve to the individuals who volunteer, and donors, businesses, community collaborators who we can't do without - we're all local people helping local people using local dollars. Stay tuned for upcoming issues as our 20th Anniversary historical perspective ensues. Please lend your voice in our story telling - if you have a story to share about how we have helped you or a family member, how you've enjoyed volunteering, or the reason why you financially support us - we'd love to hear from you. Thank You!*

Ann Sprague

Welcome To Barbara Oakes

We'd like to introduce you to our new ICCI team member, Barbara Oakes. She accepted our offer of employment as our part-time Administrative Assistant and began in November.

Barbara has over 30 years' experience in office management at several local companies. She also had her own business as "Traveling Secretary" which provided professional secretarial and bookkeeping support to small businesses and nonprofit agencies in the area.

As our Administrative Assistant, Barbara is responsible for the administrative, bookkeeping and some of the database needs of our organization, including making deposits, paying bills, preparing financial reports, and processing the monthly Volunteer Driver Mileage Reimbursements. She will work closely with the Executive Director and Board Treasurer. She is scheduled to work one or two days a week, depending on workload.

Please join us in welcoming Barbara Oakes to the ICCI Team!

Ann Sprague



We are grateful to have received in 2017 generous grants from:

Bald Peak Community Fund	Meredith Village Savings Bank Fund	Heart and Hands Thrift Shop
Agnes M. Lindsay Trust	NHEC Foundation	Skrungloo Farm, Inc.

2018 ICCI Events



Ben & Jerry's Free Cone Day
Tuesday, April 10, 2018
Noon to 8pm
Mills Falls Marketplace
Meredith, NH

20th Anniversary Annual Meeting & Volunteer Recognition
Thursday, May 31, 2018
4:00 to 6:00pm
Bald Peak Colony Club
Moultonborough, NH



Ben & Jerry's Charity Week
A Week in June
Meredith, NH

Meredith 250th Anniversary
Main Street Parade
Saturday, August 11, 2018
Meredith, NH



ICCI 8th Annual
MiniGolf Tournament
Saturday, September 8, 2018



Altrusa Festival of Trees



"Button Up for Travel" was our theme for the 2017 Altrusa Festival of Trees. Thank you to the Etcetera Shoppe of Meredith for donating the tree and those who created ornaments or donated buttons for garlands.

Janet Moe Cindy McFadden
Helen Robinson Carol Scalzo
Susan Amiss Cheryl Higgins
Mardee Boone Anonymous
Bev Foerst Lisa Davis
Connie Cunningham

To learn more about volunteer opportunities, services, or how you can support our mission, please call 253-9275, email Director.Caregivers@gmail.com, or visit our website at www.InterlakesCommunityCaregivers.org. Follow us on Facebook.

The Office is open Monday-Friday 9am -3pm and is located at 60 Whittier Hwy., Unit 8B, Moultonborough Interlakes Community Caregives, Inc., PO Box 78, Center Harbor, NH 03226

**Please consider Interlakes Community Caregivers, Inc. when planning your will.
Contact ICCI at 603-253-9275 for more information.**

Thank you to the New Hampshire Electric Co-op Foundation for support of this newsletter.

Mission Statement

Interlakes Community Caregivers, a 501(c)3 nonprofit volunteer organization, provides supportive services and information for our neighbors to assist them in their daily lives.