



Interlakes Community Caregivers, Inc.

Center Harbor - Meredith - Moultonborough - Sandwich

Issue 42 Spring 2019



Our Mission

Our mission allows us to provide rides for Neighbors, to take them shopping and on errands, to have friendly visits and to spread joy between Neighbors and Volunteers. Please volunteer.

Interlakes Community Caregivers' Statistics

First Quarter 2019

658 Services Completed

892 Hours Donated

11,976 Miles Driven

Volunteer now Neighbor

We always welcome the opportunity to introduce a former Volunteer who now receives services as a Neighbor. Pat Smith, of Meredith, was an ICCI Volunteer for seven years. A former math teacher, Pat moved to the Lakes Region from Connecticut when she retired in 2000. Although she did some volunteer work at LRGH, she sought a volunteer experience where she could spend some time and get to know people on a more personal level. When a former neighbor of hers had to step down as an ICCI Volunteer, Pat figured that they might be looking for someone to fill that role and she contacted Community Caregivers.

A friendly and approachable person, Pat found that being a Volunteer gave her the opportunity to get to know a variety of interesting people. She speaks fondly of meeting a former captain of the M/S Mt. Washington and getting to know a Neighbor who was recruited by the military to decode documents during World War II. She especially enjoyed the personal one-on-one time that she got to spend with Neighbors that requested ICCI services, which gave a richness to the volunteer work. Driving to appointments also gave her a chance to share her own memories of traveling to China, Africa and Italy and enjoying the Lakes Region with friends and family.

Since the Fall of 2018, Pat has found herself on the other side of the ICCI experience. Now that she is no longer able to drive, she has asked Caregivers for rides to appointments or to the library for computer assistance. Although she still relies on her friends and neighbors for transportation needs, she is grateful that the services provided by ICCI Volunteers are available when she needs them. Having now been the recipient of ICCI services, she sums up the Volunteers' best traits: "They are all people who are willing to give, and who like to give." Pat's positive experiences both as a Volunteer and as a Neighbor demonstrate our valuable service to the community.





President's Message

I am writing this as the snow melts and Mud Season is upon us. Looking forward to the warmer days of Spring and the return of our Snowbird friends. We have a variety of upcoming events and fundraisers, and will seek your participation in our endeavors. Please review our website and/or our Facebook page for things happening within ICCI.

Fundraising is never easy for any organization. There are so many good organizations in the Lakes Region doing good work and seeking volunteers and other support. People who give of their own whether it be a monetary donation or volunteering their time speaks of how people enjoy our State and our region, and that they truly care about their community. Small town New Hampshire is touted as the way to live, true. But many of our Neighbors can't always afford to either physically or monetarily do so, thus the ongoing need of volunteers. I know I am preaching to the choir, but sometimes we need to step back and refocus our involvements and our personal time.

I greatly appreciate any and all that our Interlakes Community Caregivers Volunteers do giving of themselves to others. This is why we all have so much fun working to fulfill the mission of ICCI. We still need more Volunteers to assist in helping our Neighbors, so if you know a friend looking for something to do please refer them to us.

Thank you all, and welcome back to our fellow Volunteers migrating back to the Lakes Region. I hope to see most of you at the various events and fundraisers.

ICCI Board of Directors

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THE BOARD OF DIRECTORS OF
Interlakes Community Caregivers
INVITES YOU TO ATTEND THE

**2019 ANNUAL MEETING &
VOLUNTEER RECOGNITION**

FRIDAY, MAY 10, 2019
1:00 – 3:00PM

Wicwas Lake Grange #292
150 Meredith Center Road • Meredith



RSVP by May 1
Call 253-9275 or email Director.Caregivers@gmail.com



Executive Director's Message



April is National Volunteer Month and I want to take this opportunity to publicly thank all of our Volunteers at Interlakes Community Caregivers for your dedication, commitment and compassion.

Our Neighbors tell the best stories about how our Volunteers impact their lives, including a recent note in which the person expressed: “You cannot imagine how much you have done for me through my long and lengthy illness while I was fighting to get well. You all were so kind and caring, and put up with my stories. You made it possible for me to stay in my home of 57 years.”

That’s what our Volunteers do every day and we are grateful for their commitment to our cause. Our Volunteers are the heart of what we do here at Community Caregivers and our success is because of them.

Whether you drive a Neighbor to a medical appointment in Boston or Laconia, take a Neighbor grocery shopping in Meredith or Center Harbor, provide a friendly visit, or serve our mission “behind the scenes” as a Board member or on a project, our Neighbors are grateful.

Our registered Neighbors are four times our number of Volunteers and so we welcome new Volunteers to Community Caregivers. If other readers of our newsletter would like to learn more about this rewarding experience, please call me at 603-253-9275 or visit our website at www.interlakescommunitycaregivers.org.

Thank you!



Interlakes Community Caregivers will participate in NH Gives Day starting on June 11 at 6pm and on June 12 at 6pm.

An initiative of the NH Center for Nonprofits, NH Gives is a 24-hour, online fundraising event to celebrate local nonprofits, to build community and amplify the generosity of NH citizens and generate excitement about the nonprofit sector.

Visit www.NHGives.org and select Interlakes Community Caregivers from the many nonprofits participating across the state to support our mission.

Want to support us with something other than a monetary donation? Help us reach out to new people who might not know about our mission. Please consider sharing with your friends, family and network why you support our cause and encourage them to donate.

You can do this informally by sending emails, talking it up with friends and family or using social media. Encourage people to visit www.NHGives.org between June 11, 2019 at 6pm and June 12, 2019 at 6pm to donate.

Thank you for the support and we hope you’ll be cheering for us on June 11th and 12th!

2019 ICCI Events

Save the Date!

May

- **ICCI Annual Meeting & Volunteer Recognition**
Friday, May 10 1:00 to 3:00pm
Wicwas Grange, Meredith Center

- **Silver Linings Senior Healthy Living Expo**
Saturday, May 11 9:00am to Noon
Common Man Inn, Plymouth, NH
Visit our booth.

June

- **New Hampshire Gives Day**
June 11-12 6:00pm to 6:00pm
*A 24 hour Social Media fundraising campaign
coordinated by New Hampshire Center for Nonprofits.*

- **Ben & Jerry's Charity Week**
Dates to be determined
Mill's Falls Marketplace Meredith, NH
A portion of sales to benefit ICCI.

October

- **TBI We Care Concert to Benefit ICCI**
Saturday, October 26 Doors Open 7:00pm
Inter Lakes Community Auditorium Meredith, NH
Enjoy the concert while supporting ICCI.

Visit the ICCI table at

2019 Silver Linings
Senior Living Expo

SATURDAY, MAY 11
9:00 AM - 12:00 PM

Common Man Inn • Plymouth, NH

Interlakes Community Caregivers will be participating in the Silver Linings Senior Healthy Living Expo on Saturday, May 11, 2019 at the Common Man Inn, Plymouth.

Silver Linings is a continuing New Hampshire Union Leader and Sunday News special report on aging in New Hampshire and solutions to the challenges older people and those who love them and care for them face here. The Silver Linings: Senior Healthy Living Expo provides a face-to-face forum for the public to hear directly from innovators, experts, advocates and care providers.

This free expo will include valuable information, demonstrations from vendors, door prizes and giveaways throughout the day. Panel presentations and focused discussions on a wide range of topics are planned.

To learn more about volunteer opportunities, services, or how you can support our mission, please call 253-9275, email Director.Caregivers@gmail.com, or visit our website at www.InterlakesCommunityCaregivers.org. Follow us on Facebook @InterlakesCommunityCaregivers. The office is open Monday-Friday 9am - 3pm and is located at 60 Whittier Hwy., Unit 8B, Moultonborough. Mailing Address: P. O. Box 78, Center Harbor, NH 03226.

Thank you to the New Hampshire Electric Co-op Foundation for support of this newsletter.

Mission Statement

Interlakes Community Caregivers, a 501(c)3 nonprofit volunteer organization, provides supportive services and information for our neighbors to assist them in their daily lives.