



Interlakes Community Caregivers, Inc.

Center Harbor - Meredith - Moultonborough - Sandwich

Issue 40 Fall 2018

Celebrating 20 Years of Service

Our Nonprofit's History Part III

In 2014, in response to continued increases in demand, we began to research technology programs to coordinate service delivery. A small team consisting of Volunteer John Henderson, then ICCI President John Buckley, Lead Coordinator Audrey Wedick and Director Ann Sprague spent almost two years researching and vetting technology programs. The team dedicated hundreds of hours, with online telephone conferences, tutorials with potential vendors, discussions with like-minded organizations all over the country and visiting some in New Hampshire for hands-on review. Ultimately, Assisted Rides was chosen and, thanks to grants from the Henderson Family Foundation and the Bishop's Charitable Assistance Fund, a contract was signed in July 2015 and Assisted Rides was launched in February 2016.

During these years, ICCI went from providing 2,314 services to 114 Neighbors in 2014 to providing 2,504 services to 262 Neighbors in 2016 - doubling the number of registered Neighbors. Mileage driven remained consistent at almost 52,000 miles per year.

In 2017, another major improvement in business practices was implemented. To increase the protection of our Neighbors' security and privacy, an enhanced screening policy was instituted in which all Volunteers and Staff must successfully pass background checks on driving records, criminal history, elderly abuse and sexual offenses. With thanks to a grant from Meredith Village Savings Bank, all then current Volunteers and Staff were screened.

In 2017, 69 Volunteers provided 2,662 services, donated 3,890 hours, and drove 50,520 miles. Over the course of the year, 353 Neighbors were registered to receive services.

Interlakes Community Caregivers continues to play a vital role in the four town community we serve. Each year the number of services increases but not necessarily with a similar increase in Volunteers. If you have the time or inclination to become a Volunteer you would be welcomed. If you are in need of our services you would be welcomed. Interlakes Community Caregivers is here to serve.

Harvest Hoedown

Saturday, October 27, 2018

6:30 to 9:00pm

Waukewan Golf Club

166 Waukewan Rd., Center Harbor, NH

A Fundraiser to Benefit

Interlakes Community Caregivers, Inc.

Tickets: \$35 in Advance, \$40 at the Door

Music by the **Just Because Band**

Appetizers by **The Mug • Cash Bar**

Free Door Prizes from Mills Falls at the Lake, Home Comfort, Osteria Poggio, The Edge, Interlakes Summer Theater, Moulton Farm and More!

ICCI Volunteers at Meredith's 250th Main Street Parade



Sponsored by:

Meredith Village Savings Bank



Charlotte Leavitt
Thank you for 20 years
of Service



Charlotte Brown Leavitt was born in Milford, NH and spent most of her formative years in Milford and New Boston, NH. Charlotte's parents and grandparents were farmers. Her parents in Milford and grandparents in New Boston.

Growing up during World War II Charlotte remembers hearing about the Cadet Nurses Corp and feels this information led to her determination to attend Massachusetts General Hospital School of Nursing and a career in nursing while still in junior high.

Charlotte graduated from Milford High School in a class of 34 students and went off to Massachusetts General Hospital School of Nursing. After graduating 3rd in her class at Massachusetts General Hospital School of Nursing, she then went to work there for four years. Charlotte became Head Nurse on a Medical Unit. At that time patient care was provided by a team, which included doctor, nurse, social worker and other professionals to serve the patient and family during hospital care and planning for care when needed following discharge. This was the foundation of her future as a nurse and as a Volunteer.

Following marriage she and her husband George moved to the Framingham, MA area and Charlotte went to work for the Visiting Nurses Association until her children, Bill and Kathy, were born. Later she was invited back to work part-time while her children were still young.

Eventually, Charlotte moved on to Framingham Union Hospital where she was Director of Continuing Care, a position of planning with patients and families for ongoing care needs following hospitalization. She held this position until 1988. At that time she and George were considering a move to Moultonborough, NH where they had a summer home.

The move happened in 1989 and she went to work as Family Care Coordinator with Laconia Hospice. Laconia Hospice was an all volunteer organization at the time. The local VNA leaders and she worked to merge the two groups so that clinical care was available to hospice patients as well as volunteer services. This merger formed Community Health and Hospice.

She and George moved to Moultonborough and joined the Center Harbor Congregational Church and when Charlotte retired in 1998 she was invited to join a committee to research the possibility of a Caregiver organization similar to the ones serving Sandwich residents and Wolfeboro residents. Committee members included Kitty Bevington, Jane Foster, Nancy Haigh, Charlotte Leavitt and others. With input from both Wolfeboro and Sandwich Caregivers and support of the Center Harbor Congregational Church Community Caregivers was launched in November of 1998.

Charlotte was given an opportunity to take a course at Norwich University in Vermont on the management of volunteers. This was a very important part of her leadership role along with her past Hospice position. She felt able to put together along with others the program of education for the first class of volunteers.

According to Charlotte one of the hardest decisions the starting group had to make was what name to give to those that required Caregiver services. They chose "Neighbor" which to this day seems right. We Caregiver Volunteers do serve our Neighbors.

Today Charlotte still participates in the education and mentorship of new Volunteers for the organization that serves our Neighbors so well. We are celebrating 20 years of Community Caregivers in 2018 and 20 years of retiree Charlotte Leavitt continuing to serve her community in the way she does best and loves. Thank you, Charlotte, for many years of dedication and caring.





Director's Message

I hope you've enjoyed reading about our history in these recent newsletters. As we close out year 20, I'm still impressed with that group of concerned citizens who saw a need in our community and set about to find a solution. Through their compassion, ingenuity, perseverance and passion, Community Caregivers was formed and, through others like them, we continue to be a dynamic force in our community.

We have grown from a church outreach mission providing 500 services to an independent 501(c)(3) nonprofit providing 3000 services per year! The generosity of time and talent, financial support and advocacy of our many supporters has helped thousands of individual Neighbors and their families over the years. Thank you to all who have contributed in any way.

If you would like to learn about how you can support our mission, particularly through rewarding and flexible volunteer opportunities, please call me. We are currently recruiting for volunteers to serve on our Board of Directors, to work on special projects on various committees, and to drive our Neighbors to medical appointments and other errands. Be the difference in someone's life today!



Janet Pratt, Administrative Assistant

Welcome to our team!

Please join us in welcoming Janet Pratt to our small dynamic office team as our Administrative Assistant. After retiring from the Internal Revenue Service, Janet moved to Laconia and married a native New Hampshire resident in 2017. Her 36-year IRS career included assignments as a revenue agent and a variety of front-line and mid-level management positions. She earned a Bachelor of Science in Accounting from California State University Sacramento prior to joining the IRS. While her two daughters were growing up, Janet spent many years as a troop leader and is a life-time member of Girl Scouts. She enjoys gardening, crocheting and spending time with her two grandchildren in addition to conducting weddings as Perfect Vows by Janet.

Annual Appeal on its Way!

Our 2018 Annual Appeal is now underway. If you believe our services to promote and maintain independence and healthy living for people in our local community are important, please donate to our nonprofit. Through your generosity, we can continue to offer these direct services free of charge. We do not receive any funding from the Federal Government and rely on charitable giving, specifically donations from the Annual Appeal, to fund our program. As a 501(c)3 nonprofit, all donations are tax deductible. Donate securely online at www.InterlakesCommunityCaregivers.org or mail your donation to P. O. Box 78, Center Harbor, NH 03226. Thank you in advance for your consideration.



President's Message

I hope this Newsletter finds everyone well and enjoying Fall in New Hampshire. I know many can't always get out and about, and sometimes that's where Interlakes Community Caregivers helps out.

With the changing leaves, cooling weather, and trying to heat our homes, it's always a time to plan for Winter's onset. We at Community Caregivers have a few irons in the fire for events and some fundraising to keep us operational no matter the season.

The 27th of October, a Saturday night, we are having a "Harvest Hoedown", a bit of Ole New Hampshire Fall fun and music. At the Waukevan Golf Course, the "Just Because Band" will be playing some fun music from 7 to 9 pm. We will have some goodies from "The Mug" and a cash bar. Decorations are being provided by Moulton Farm. It will be a great evening, many free giveaways too, so come and join us. Ticket information is available from the usual sources, Volunteers, Board Members, as well as at the office and our website, www.InterlakesCommunityCaregivers.org.

We are also using this event to announce the 'kick off' to our 2018 Annual Appeal. The Annual Appeal helps us to continue to provide all those services we as Volunteers perform to help our neighbors. Watch your mail for further announcements or letters.

Don't forget when you change your clocks, you should change the batteries in your smoke detectors.

Thank you all for what you do within and for Interlakes Community Caregivers.

ICCI
Board of Directors

President,
David Hughes
Center Harbor

Treasurer,
George Jewell
Meredith

Richard Crocker
Meredith

Connie Cunningham
Sandwich

David Eastwood
Moultonborough

Darlene M. Fritz
Moultonborough

Robin E. Woodaman
Moultonborough

Executive Director
Ann Sprague
Meredith

Birthday Party Decorations wanted for our Christmas Tree

The theme for this year's tree at the Altrusa Festival of Trees is "Celebrate our 20th Birthday!" We are seeking Birthday Party themed items such as Party Hats, Birthday Cards, Small Wrapped Boxes with Bows, Ribbons, Streamers, Birthday gift Tags, a faux Birthday cake or big numbers "20" for the top and a Birthday Table Cloth for under the Tree. Please drop off donations at the office by Friday, November 16th.

*Meredith Altrusa's 23rd Festival of Trees
Waukevan Golf Course*

*First Weekend in December
Center Harbor, NH*



Admission \$5.00

At the end of the Festival the Trees are donated to families and individuals who might otherwise not have a tree.

To learn more about volunteer opportunities, services, or how you can support our mission, please call 253-9275, email Director.Caregivers@gmail.com, or visit our website at www.InterlakesCommunityCaregivers.org. Follow us on Facebook @InterlakesCommunityCaregivers. The office is open Monday-Friday 9am - 3pm and is located at 60 Whittier Hwy., Unit 8B, Moultonborough. Mailing Address: P. O. Box 78, Center Harbor, NH 03226.

Thank you to the New Hampshire Electric Co-op Foundation for support of this newsletter.

Mission Statement
Interlakes Community Caregivers, a 501(c)3 nonprofit volunteer organization, provides supportive services and information for our neighbors to assist them in their daily lives.